



THE EXTRAORDINARY SHI-NAY OF HIS EMINENCE KALU RINPOCHE, TEACHING AND PRACTICE

by Venerable Lama Tsang Tsing

Sunday, JULY 28th, 2024, 9:00 a.m. - 4:00 p.m.

Please arrive 15 minutes before the ceremonies; late arrivals will not be admitted.

KAGYU DAKSHANG CHULING

917 East 43rd Avenue, Eugene, OR 97405

(Between West Amazon and Fox Hollow)

*To minimize the Center's impact on our neighborhood, please park
on West Amazon and walk up hill to KDC.*

Extraordinary Shi-nay is a special meditation method taught by the great meditation master H.E. Kalu Rinpoche. Lama Tsang Tsing will give teachings using the five elements (earth, water, fire, air, and space) as a visualization support and object of meditation. This practice is an excellent bridge between the meditation practices of the sutras and the visualization practices of the tantras.

During this day-long seminar, Lama Tsang Tsing will give teachings, lead sessions of guided meditation, and answer questions related to Extraordinary Shi-nay.

The cost is \$35.

Schedule: 9:00 a.m. -4:00 p.m.:

You are welcome to bring a lunch and stay during the break.

For information, please visit KDC's website at www.kdc-eugene.org or call (541) 485-3961 or (541) 683-1808 between 10:00 a.m. and 7:00 p.m.

Venerable Lama Tsang Tsing is a meditation master in the Shangpa and Karma Kagyu lineages of Tibetan Buddhism, and is the resident director of Kagyu Dakshang Chuling Dharma Center in Eugene. Lama gives teachings, seminars, and empowerments throughout the West Coast.