



# CHENREZIG EMPOWERMENT TEACHING and PRACTICE

by Venerable Lama Tsang Tsing

**Saturday, June 18, 2016, 2:00 p.m.**

**Sunday, June 19, 2016, 9:00 a.m. – 4:00 p.m.**

*Please arrive 15 - 20 minutes before the ceremonies; late arrivals will not be admitted.*

## KAGYU DAKSHANG CHULING

917 East 43rd Avenue, Eugene, OR 97405

(Between West Amazon and Fox Hollow)

*To minimize the Center's impact on our neighborhood, please park  
on West Amazon and walk up hill to KDC.*

### Chenrezig Empowerment

*Saturday, June 18, 2:00 p.m.*

*(Arrive by 1:45 p.m.)*

Chenrezig is the principal deity in Tibetan Vajrayana Buddhism, whose essence is love and compassion. This Empowerment is a blessing ceremony that authorizes one to do the meditation practice of Chenrezig. The Refuge Vow is required and will be offered prior to the Empowerment.

The cost is \$25 general (\$20 KDC members). It is also customary to make a donation to the empowering Lama.

### Chenrezig Teaching and Practice

*Sunday, June 19, 9:00 a.m. to 4:00 p.m.*

*(Arrive by 8:45 a.m.)*

By doing the meditation of Chenrezig, which is part of the regular KDC meditation schedule, one develops love and compassion for all. Participants must have received the Empowerment.

The cost is \$30 general (\$25 KDC members). The Pecha (practice text) is \$12.

You are welcome to bring a lunch and stay during the break.

**For more information, please visit KDC's website at [www.kdc-eugene.org](http://www.kdc-eugene.org)  
or call (541) 485-3961 or (541) 683-1808 between 10:00 a.m. and 7:00 p.m.**

**Venerable Lama Tsang Tsing** is a meditation master in the Shangpa and Karma Kagyu lineages of Tibetan Buddhism, and is the resident director of Kagyu Dakshang Chuling Dharma Center in Eugene. Lama gives teachings, seminars, and empowerments throughout the West Coast.