



THE SIX BARDOS IN LIFE AND DEATH

by Venerable Lama Tsang Tsing

Sunday, April 17, 2016, 2:00 p.m. - 5:00 p.m.

Please arrive by 1:45 p.m.

KAGYU DAKSHANG CHULING

917 East 43rd Avenue, Eugene, OR 97405

(Between West Amazon and Fox Hollow)

To minimize the Center's impact on our neighborhood, please park on West Amazon and walk up hill to KDC.

The Bardo Thödröl ("Liberation Through Hearing in the Bardo," and known in the West as The Tibetan Book of the Dead) teaches how to attain liberation in the period between death and the next rebirth. But the after-death state is not the only meaning of bardo. The tantras describe six bardos which include all of our experience: the bardo of this life, the bardo of dying, the luminous bardo of dharmata, the bardo of becoming (rebirth), the bardo of dream, and the bardo of meditation. Lama will describe how liberation may be attained in each bardo. A question-and-answer period will follow.

The cost is \$20 general (\$15 KDC members).



Venerable Lama Tsang Tsing is a meditation master in the Shangpa and Karma Kagyu lineages of Tibetan Buddhism, and is the resident director of Kagyu Dakshang Chuling Dharma Center in Eugene. Lama gives teachings, seminars, and empowerments throughout the West Coast.